



NOVEMBER 2018 - FEBRUARY 2019
GRADES K-8

Our program emphasizes learning the sport of amateur wrestling, instilling solid values, and having fun! In the practice room, we focus on the fundamentals, because there is no substitute for solid knowledge of the basics of wrestling. Our program's philosophy values competitiveness, as well as **respect for self and others**, **discipline**, and **self-confidence**. Our program provides a rich experience, in which **wrestlers form close friendships** with their teammates. We have teams available for all skill levels.

	K-2 Novice Team	Central Jersey (CJ) Varsity and JV Teams	Grade School (GS) Team
Eligibility*	K – 2nd graders (no CJ experience)	3rd – 6th graders (& 2 nd graders with prior CJ experience)	7th – 8th graders (& some CJ Varsity 5 th and 6 th graders)
Practices*	Mon & Wed 6-7 PM	CJ Varsity: Mon & Wed 7-9 PM CJ JV: Tues & Thurs 6-8 PM All 6th graders practice w/CJ Varsity	Mon & Wed 7-9 PM Fri TBD
Where: BRHS Wrestling Room (Old Gym), 600 Garretson Road, Bridgewater			
Cost	\$80.00 Bridgewater Resident \$90.00 Raritan Resident Make Check payable to "Bridgewater Township"		

*** Until proper evaluations are made for placement, (i) returning wrestlers practice with last year's team, unless moving up to the next grade level team, (ii) those in grades K-2 practice with K-2, (iii) new wrestlers in 3rd - 5th grade, and all 3rd graders regardless of experience, attend CJ JV practices, and (iv) all 6th graders attend CJ Varsity practices. Practice times/days for all programs may be modified due to number of participants and scheduling of facilities.**

UNIFORMS: K-2 may borrow a singlet w/\$25 deposit due at practice. All CJ and GS must purchase a singlet and warm-ups bundle, if you do not own current versions. Ordering website: <https://bridgewaterwrestling.itemorder.com/sale>. **Ordering deadline is 11/9/18.**

Registration Deadline: Friday, October 12, 2018 by 5:00 PM at Bridgewater Recreation

For more information on Bridgewater Wrestling, please visit www.pantherwrestling.org.

Three ways to register: In person at the Bridgewater Recreation Department (Municipal Building, 100 Commons Way, Bridgewater) 9 AM – 5 PM Mon – Thurs, 8 AM – 5 PM Friday, drop off at the "REC" mailbox located on Municipal grounds before or after office hours, or via postal service.

2018-2019 Wrestling \$80.00 Bridgewater Resident | \$90.00 Raritan Resident | Make Check payable to "Bridgewater Township"

Wrestler's Last Name / /	Wrestler's First Name	Weight	Team Registering For 2018-19 (K-2, CJV, CJV, GS)
Date of Birth	Grade ('18-'19 School Year)	Years of Wrestling Experience	2017-18 Team (K-2, CJV, CJV, GS)
Mailing Address	Town	State	Zip
Parents'/Guardians' First and Last Names		Parent/Guardian Cell #1 (required)	Parent/Guardian Cell #2
Home Phone #			

Parents'/Guardians' Email Addresses (please include all email addresses that you'd like to receive scheduling/program info)

If participant has individualized needs due to a disability, please check the following and someone will contact you regarding reasonable accommodations.
 Yes, I will need to be notified regarding special considerations for my child.

Please note that Bridgewater Township Recreation Department does not provide individual medical coverage for its participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information. A ten dollar administrative fee will be collected from any refund(s) requested by participants for Bridgewater Township Recreation programs in which fees are payable to Bridgewater Township. If the Department is refunding participants due to a program cancellation, then an administrative fee will not be collected. In the case of multiple children from the same household requesting a refund on the same date, there will only be one ten dollar administrative fee charged.

I understand and agree to volunteer the minimum of 4 hours for the Bridgewater Recreation Wrestling Program. By signing below, I accept the responsibility of volunteering my time for the betterment and overall success of the program. More information will be forthcoming.

X _____ / _____ / _____
Parent/Guardian Signature **Date**

If interested in volunteering to coach, all coaches and assistants must be Rutgers SAFETY Certified, participate in mandatory background check according to Township Ordinance (16 years of age and older), and attend all mandatory coaches' meetings. By indicating interest in the following box, I will be notified regarding program information, if coaching is needed. Yes, I am interested in coaching.